

Certificate

PRATHAM YOGA

THIS IS TO CERTIFY THAT

Pia Hawkins

Has attended and participated in 16 days intensive yoga training program during in which he/she studied Hatha & Vinyasa Flow, Pranayama, Ayurveda, Meditation, Mantra, Yoga Anatomy, Methodology, Adjustment & Alignment, Yoga Philosophy. This program is organized by Pratham Yoga in Rishikesh.

2nd to 18th March 2020

Date



Vijay Dutt

Vijay Dutt
Director of Pratham Yoga